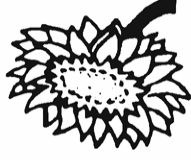


What the centre offers

- * Aboriginal Women's Health Worker who is able to provide information, support and advocacy to Aboriginal & Torres Strait Islander women in the area.
- * Dyin Caribere Newsletter is sent out every second month with articles, recipes and information.
- * Dyin Caribere Cook Book and other information, including leaflets and brochures on many issues and topics.
- * Groups: Our group program is regularly updated. All groups are either free or low cost.

Cumberland

Women's Health Centre Inc.



We are located at: -
Building 2
29 Campbell Street
Parramatta NSW 2150

By Post: -
P O Box 78

Parramatta NSW 2124

Phone: - (02) 9689 3044

Fax : - (02) 9689 3844

Email : - awhw@cwhc.org.au

Website : - www.cwhc.org.au

Opening Hours

Monday, Wednesday, Thursday

9.30am—5pm

Tuesday 9.30am -12.30pm

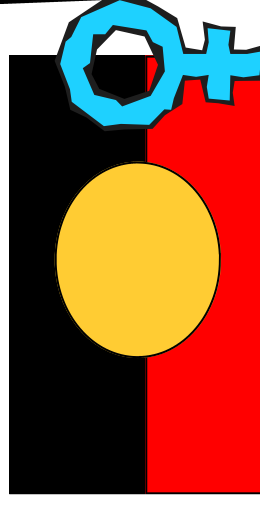
Friday 9.30am - 4.30pm

Funded by NSW Department of Health
& Sydney Metro Catchment Management Authority
(Landcare project)



Cumberland Women's Health Centre Inc

Dyin Caribere Aboriginal Women's Gathering



* Massage and Naturopathic

Services: Cost is \$5 if you are on low income. Appointments are necessary.

- Support for women who have experienced domestic and family Violence.

- Information about your rights

* Information and referral on a wide range of women's health

issues. You can contact the centre if you are unsure where to get information on a particular issue.



Dyin Caribere Aboriginal Women's Gatherings

The Dyin Caribere Aboriginal Women's Gathering meets on the last Tuesday of each month at Parramatta Park.

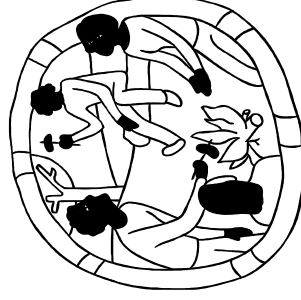
We start at 10.30am till 12.30pm.

We gather together sharing food, stories and information, as well as supporting one another.

Transport is available.

For more information or to book a seat on the bus then ring the centre on

9689 3044



Dyin Caribere Aboriginal Women's Landcare group

The Landcare group began at the end of 2007. This group was started to link Aboriginal women back to the land through looking after country.

We will be regenerating a section of land on Domain Creek at Parramatta Park.

We hope to plant vegetation that is native to the area that were used for food, medicines, tools and crafts.

One of the aims of the group is to create a space in

recognition for all Aboriginal women who have been displaced from their land through the stolen generation or family violence.

It will be at this site that we will meet for the gatherings.